

# HOPE



## It's All About the Bowls

**Simple, handmade ceramic bowls are at the heart of Empty Bowls**

Local artists, students, and community members are busy making bowls for this annual event. Guests attending Empty Bowls select one bowl as a reminder of hunger in the world and are served a simple soup meal in exchange for a cash donation.

The bowls serve as a reminder of the meal's purpose – each time the bowl is used, it serves as a reminder that someone's bowl is always empty and that they helped alleviate hunger by attending Empty Bowls and supporting Fourth & Hope programs and services that help people get access to a safe place to sleep, food to eat, find a steady job, and acquire keys to an apartment.

### **13<sup>th</sup> Annual Empty Bowls October 17**

11:30 am • 12:30 pm • 5:30 pm  
Hotel Woodland  
436 Main St. • Woodland

This board of directors sponsored event features a simple soup lunch and dinner, silent auction, and raffle.

**Sponsorships and tickets can be purchased at [fourthandhope.org/empty-bowls](http://fourthandhope.org/empty-bowls).**

**Tickets also available at 207 Fourth St.  
All sponsorship levels come with tickets.**



## HOPE For A Place To Call HOME

**Fourth & Hope housing is an essential part in achieving our mission to change lives.**

Each night (365 days a year)

over **200** people have a safe and secure place to sleep in Fourth & Hope program housing:

**91** people are staying at the emergency and extended shelters each night;

**50** people live in our permanent supportive housing program;

Walter's House provides **35** people with a residential treatment program and safe place to live;

**41** people have safe and secure housing in our transitional housing program.

With your help and support we are continuing on this Mission to Change Lives - one person at a time.

**Fourth & Hope  
Board of Directors  
2019**

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Catherine Portman  
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Doug Zeck  
*Executive Director*

530-661-1218  
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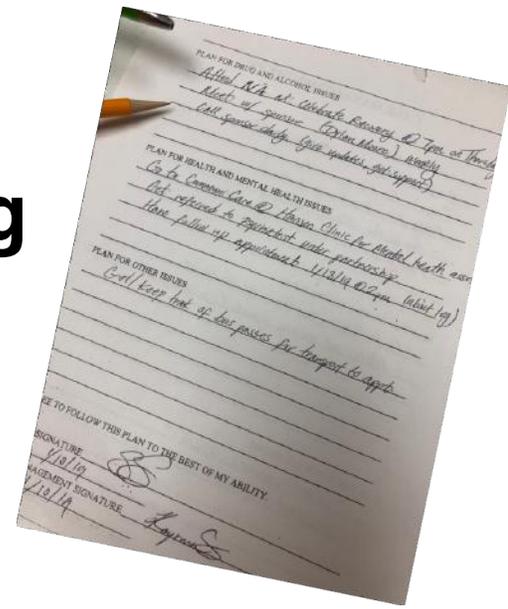
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*The Board of Directors meets in  
Woodland, at 6 pm on the 4<sup>th</sup>  
Tuesday of the month January–  
November.*

*For information about serving on  
the board contact:  
Doug Zeck  
info@fourthandhope.org  
530-661-1218.*

# Case Management: Key to Housing

You may have heard the term “case management” in the stories we have shared with you of successful clients, and how they followed their case plan and were able to move into permanent housing. Occasionally we are asked, “Just what is a case plan and how do you use them at Fourth & Hope?”



When a guest enters Fourth & Hope emergency shelter and after staying for three days, they must sit down with their case manager and develop a personal plan to work on specific things that will support moving from homelessness to housing. The plan is developed after a needs assessment is conducted to evaluate what services are available to meet specific needs, and create a workable housing strategy meeting specific needs.

These strategies may include cleaning up credit or past eviction issues; accessing income through gaining employment or accessing benefits, such as veteran benefits; or reaching out to family members for assistance; and saving money to make the required deposit and first and last month rent for a house or apartment.



It is always a cause for celebration when a client works through their case plan and ultimately finds housing – like Louis did earlier this month after staying with us since January. He began his stay at our extended shelters, and ultimately moved into the Fourth & Hope permanent supportive

housing program, and is now living independently in an apartment.

The most significant challenge our clients face continues to be the lack of affordable housing. Almost 30% of the clients at the main and extended shelters are working, or have income, but cannot find a place to live that is affordable.

Lead case manager Charlotte Baur states that “having access to housing that people can afford” is a big part of the solution to homelessness in Woodland.

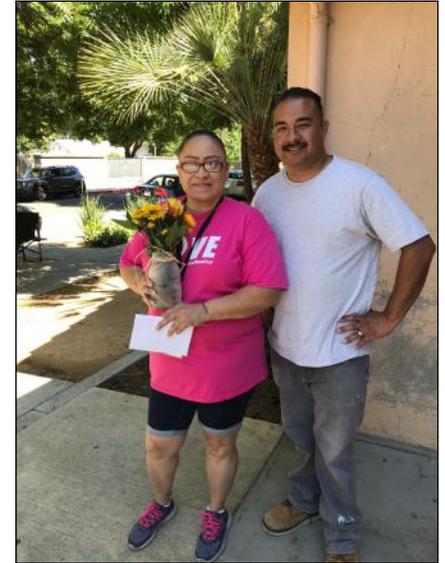
**13TH ANNUAL  
EMPTY BOWLS  
OCT. 17  
GET YOUR TICKETS  
TODAY  
fourthandhope.org/  
empty-bowls**

Volunteers are very special people at Fourth & Hope. These versatile, talented, energetic people have chosen to give and help people in need of housing. We are grateful for our many dedicated volunteers helping to make our community a better place - here are two among our many volunteer superstars pictured with facilities manager, Joseph Hernandez.

**Isabel** has been volunteering for two years every Monday - Friday morning: organizing the kitchen, preparing lunch, putting systems in place to record volunteer hours, donations, and lunches served.



**JOIN THE FOURTH & HOPE  
VOLUNTEER TEAM!  
SIGN UP AT  
FOURTHANDHOPE.ORG**



**Ericia** puts so much love into the meals she makes for our guests and her positive energy is contagious to everyone around her. We are grateful that she is willing to step in when help is needed to cook or serve, and greeting weekend volunteers.



*Doug Zeck & Monica Koenig*

## LITTLE FREE LIBRARY *Now Open at Fourth & Hope*

Our very own Little Free Library opened for business in July. The ribbon cutting and dedication ceremony was held in July to celebrate the grand opening of our new Little Free Library made possible by Monica Koenig, Senior Public Health Nurse for Yolo County.

Monica applied to Little Free Library, the national organization, on behalf of Fourth & Hope. It was good news when she found out that Fourth & Hope was awarded one of only 10 across the country for a special impact program in honor of the 10 year anniversary of Little Free Library.

We are thrilled to have this new addition to our campus and are grateful for our partners at Yolo County Public Health. In the coming weeks, the Fourth & Hope Little Free Library will be included on their worldwide map.

13TH ANNUAL

# EMPTY BOWLS

October 17, 2019

11:30 am | 12:30 pm | 5:30 pm

Hotel Woodland | 436 Main St. | Woodland



**FOURTH & HOPE**  
A Mission to Change Lives



## Executive Director's Corner

We are excited to begin the renovation of the bathroom and laundry areas of the main shelter with the support of a City of Woodland \$100,000 Community Development Block Grant (CDBG). The project is underway with the architect plans being finalized.

You may have seen some news recently about the East Beamer Project - the campus that will have transitional housing, an emergency shelter, services for people experiencing homelessness, and a treatment center on land owned by the City of Woodland at the intersection of county road 102 and E. Beamer St. The collaborative team of city officials, Friends of the Mission, Woodland Opportunity Village, and Fourth & Hope are meeting regularly to advance the project.

In a collaborative project with the Yolo County District Attorney's office, we have begun to provide transitional housing for people who are homeless, and have been victims of crime. Crimes against these people could include sexual assault, theft, assault, for example. In addition to the trauma of being homeless, the trauma associated with having been victimized will be addressed through intensive case management. Fourth & Hope works with the D.A.'s Victim Services staff to implement the program. The program is funded through a California Office of Emergency Services grant.

**I look forward to seeing you at Empty Bowls on October 17!**

Sincerely,  
*Doug Zeck, Executive Director*

## Needs List

At Fourth & Hope we are often asked "How Can I Help" - here are some ways you can help:

- Send in the enclosed envelope with a donation
- Sign up to volunteer at [fourthandhope.org](http://fourthandhope.org)
- Deliver any of these much needed items to the Fourth & Hope campus, 207 Fourth St. in Woodland:
  - Socks for all ages
  - Toothbrushes & toothpaste
  - Travel size foot powder
  - Bar soap or travel size body wash
  - Twin bed sheet sets
  - Blankets
  - Toilet paper

## Got Books?



We are accepting family friendly books for the Little Free Library. Bring to 207 Fourth St. (emergency shelter) M - F 9am-4pm.

